



MIND MIRAGE

PSMC ALUMNI ASSOCIATION NEWSLETTER

OFFICIAL NEWSLETTER OF PSMC ALUMNI ASSOCIATION; ESTD 31ST JANUARY, 2010; PAA TRUST REGISTRATION NO. 1950 MUMBAI REGISTRATION ACT

PSMC ALUMNI ASSOCIATION BOARD MEMBERS

President -
Dr. Rakesh Joshi
Vice President -
Dr. Manisha Gohel
Secretary -
Dr. Rajesh Patel
Joint Secretary -
Dr. Nimesh Patel
Treasurer -
Dr. Shyamsundar Raithatha
Board Members -
Dr. Wasim Shaikh
Dr. Jasmin Shah

From the PAA President

It is the beginning of the New Year and I hope that the year ushers in good health and cheer for all the alumni members.

It is my pleasure to introduce and welcome you all to the 2nd newsletter, Mind Mirage which is dedicated to update you regarding the activities and achievements of our alumni and alma mater. I congratulate the Editorial board for bringing out this informative newsletter with all its highlights.

During my presidency, I have always strived to increase the number of active members and bring more people into the fold of the alumni. With the family get-together planned for 24th

November and scheduled to be held at Narayani Heights, we have managed to bring in nearly 120 new members to the association. Special thanks are due to Dr. Neerav Pradhan who has been working tirelessly to ensure that this mega event culminates in a successful gathering. Kudos to the batch executive members who have enthusiastically participated in organizing this event and promoting it actively to all the alumni. Apart from the core committee members, I would like to thank Dr. Nitish Vora, Dr. Kandarp Trivedi, Dr. Saumil Shah, Dr. Nirav Patel, Dr. Rajan Mehta, Dr. Jigar Suthar and Dr. Alpesh Rajput, Dr. Amita Sutaria, Dr. Shaishav, Dr. Soeb and Dr. Kamlesh for their exceptional support.

Also on the agenda is to bring out a member directory with all necessary details which will enable us to be aware of everybody's achievements and encourage further bonding between the members. We shall also be announcing the elections for the next executive committee so that all interested and enthusiastic members can carry the association forward to greater heights.

Dr. Rakesh Joshi,
President, PSMC ALUMNI ASSOCIATION



In this Issue

- PSMC Alumni Association News
- PSMC Shines
- Charutar Arogya Mandal
- Udaan

Upcoming Events

- Horizon'19
- PAA Get Together
- CAM Charity Event
- Intern Farewell 2020

Highlights

- HM Patel Sports Tournament
- (Basketball, Volleyball Football and Cricket)
- PAA Guest Lectures
- Healing Tree
- PG Farewell 2019

Editors

Faculty editors -

Dr. Nimesh Patel
Dr. Manisha Gohel

Student editors -

Shreya Kataria
Haryax Pathak
Manisha Asrani
Ketul Barot

From the Editorial Team

Hello Readers!

A very Happy New Year to you on behalf of the editorial team! We hope this newsletter finds you in the best of spirits. This second edition has come out on the occasion of the very awaited PSMC Alumni Meet and we truly hope we are able to deliver what would be a glimpse into the events of the past few months.

We are very proud to tell you, that our students have brought in many accolades and awards, be it sports or academics. What with Open Mics and Movie Nights being organised, it truly is a great time to be a student of PSMC, where every student can find their wings and excel. Not just the students, but even the Alumni have some inspiring achievements that reinforce the excellence of PSMC.

This is also the time when a lot of us are gearing up for their NEET PG exams. All the best for a successful attempt.

We also welcome the UG Batch of 2019 and wish them luck for the journey that lies ahead of them.

Happy Reading!
-Editorial Team



L->R Haryax Pathak, Ketul Barot, Shreya Kataria, Manisha Asrani

Contact Information

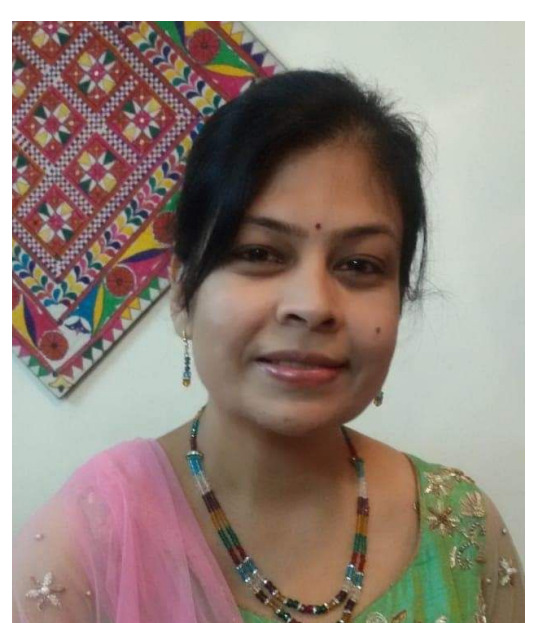
Dear Readers, we would also like to request you to please send in your achievements, writeups and accolades that you would like to have published in the upcoming issues of the Newsletter. It would be of immense pride for us to be able to showcase your achievements! Looking forward to receiving many entries! You may share your updates with us at-

Email Id - Paapsmcnewsletter@gmail.com
WhatsApp Phone - +91 99784 46685

Condolence Message



On a solemn note, We have lost three members of our PSMC family very recently. Smit Patel of MBBS Batch 2017 passed away in October 2019. Dr. Anuradha Vyas from the Batch of 1989 passed away in August 2019. Dr. Dharmesh Patel from the Batch of 1991 passed away this year. We are deeply saddened and shocked by their untimely demise. May God give their families the strength to withstand this time of hardship.



PG Farewell Batch 2019

PSMC ALUMNI ASSOCIATION *News*

PAA Guest Lecture

On 15th April 2019, Dr Amee Amin, Dr Krushna Amin and Dr Rajvee Patel interacted with students preparing to take the USMLE exam to continue their further medical education. All three alumni matched in residency at U.S in this year. Dr Amee Amin and Dr Krushna Amin are alumni of 2011 batch and Dr Rajvee is of 2010 batch. The students got to know and learn a lot and cleared a lot of doubts they had regarding the exam and it's procedure. We are thankful to them for coming to the college to guide the students.



Intern Farewell Batch 2013



Batch of 2013 graduated with flying colors in 2019. A Farewell Ceremony was arranged at the Sardar Patel University Auditorium for the same on 7th March 2019. Meritorious students who did the institute proud in NEET 2019 were felicitated. Every year, to encourage holistic development and extracurricular participation along with studies, PSMC Alumni Association sponsors three awards - Best Student Award, Best Sports Student Award (Female) and Best Sports Student Award (Male).



This year, the Best Student Award and the Best Sports Student Award (Female) were bagged by Dharati Shah and the Best Sports Student Award (Male) was bagged by Achal Patel.

The Intern Farewell Ceremony also saw the launch of the First issue of our revamped PAA newsletter 'Mind Mirage'.



Guest Lecture by Dr. Kamlesh Patel

Dr. Kamlesh Patel, an alumnus of Batch of 1992, delivered a lecture on 'Digital Health Practice' at PSMC in September 2019. Dr. Kamlesh is the Founder and Director at Synaegis HealthTech Pvt. Ltd. at Ahmedabad, Gujarat. He has more than 20 years of experience in Academic, Clinical and Industrial Practice. Dr. Kamlesh is an MD in Pharmacology. It was a well-attended and an extremely informative lecture.



HM PATEL SPORTS TOURNAMENTS'19

Just like every year, this year too the students of Second MBBS Part Two organised the HM Patel Tournament for Basketball, Volleyball and Football, held from 25th April to 5th May 2019. The organising batch was that of 2017. It was a huge event which saw the participation of over 38 teams, both girls and boys, in various sports. The Core Organising Committee Members were Rahul Kabra, Rohit Randad, Preet Patel, Jay Patel and Saurabh Parmar. The event was conducted under the supervision of Dr. Swapnil Agarwal, Assistant Dean, Student Support. The trophies and medals were sponsored by PSMC ALUMNI ASSOCIATION.

The winning teams of all the sports and the individual prize winners are as follows -

Volleyball

Girls -

Winning Team - Kishti and Team

Runner's Up - Arpita and Team

Boys -

Winning Team - Maulik and Team

Runner's Up - Neel Modh and Team

INDIVIDUAL AWARDS

Volleyball

Girls -

Best Defender - Kishti Chhaya

Best Serve - Milee Sheth

MVP - Arpita Kanparia

Boys -

Best Attacker - Neel Modh

Best Defender - Siddharth Patoliya

Super Setter - Dhiraj Bhuva

MVP - Maulik Choudhary

Emerging Player - Manish Choudhary

Basketball

Girls -

Winning Team - Bhakti and Team

Runner's Up - Team of Batch 2017

Boys -

Winning Team - The Elite PSMC

Runner's Up - Smit Oza and Team

Football

Winning Team - Team of Batch 2017

Runner's Up - BJ Medical College



Basketball

Girls -

MVP - Dhanvi Jarsaniya

Boys -

MVP - Axil Patel

Football

Golden Boot - Shalin Patel

Golden Glove - Mitesh Modi

Best Defender - Dhruv Prajapati



HM Patel Night Cricket Tournament

It is exercise alone that supports the spirits, and keeps the mind in vigor. PSMC completely supports this school of thought and is in full agreement with it. To aid in all around holistic development, various games and sports tournaments are held in the college around the year. One such important tournament is the H.M. Patel Cricket tournament, which is organised every year by the Intern Batch. This year it was organised by the 2014 batch. Every year, the tournament sees the participation of our doctors and students alike. And as is the practice, every year, there are major prizes given away. These prizes are sponsored by PSMC ALUMNI ASSOCIATION. This year, the prizes were bagged by -

Winners :- Tapas/Axil and team

Runners up :- Solu & Team

Other Semi finalists :- Surgery Sixer's & Swiper XI

Man of the match in finals :- Ronak Shukla (26 runs, 5 wickets)

Man of the series :- Ravi (from solu and team)- 101 runs and 8 wicket's

Best Bowler :- Aman 13 wicket's

Best Batsman :- Brijesh Bhai (Surgery Sixer's)- 140 runs



PSMC NEWS *PSMC Shines*

SPU Inter-college Badminton and Basketball Tournament

The students of PSMC added another feather in our cap as our boys and girls Badminton teams won the runner's up trophy at SPU inter-college Badminton tournament on 31st August 2019.

The Girls team comprised of-
Arpita Kahparia
Neelam Choudhary
Bipasha Lakhani
Uttara Jani
Alisha Akhani



The Boys team comprised of-
Dishant Rakholia
Hardil Majmudar
Arth Patel
Rishab Jain
Rohit Randad
Siddharth thakkar

The PSMC Boys Basketball team made us proud as they won the Runner's up trophy at the SPU inter-college Basketball tournament. The Team comprised of-

Shyam Tripathi
Smit Oza
Mitesh Modi
Parth Patel
Chaitanya Prajapati
Karan Thakore
Ishan Karia
Kevin Gondaliya
Chauhan Meet
Smit Bhadja
Shivam Sengar



AUSHADHI - An Undertaking by the Students of HMPCMCE Aimed at Drugs for Hospital Incomers

Aushadi is an initiative by students of batch 2013 which initially provided drugs to the underprivileged hospital incomers who couldn't afford medicines.

Today, Aushadhi is working with support from PSMC ALUMNI ASSOCIATION, SPARSH extension program, with help of students from various batches and individual donors has expanded and is supporting the patients in various nearby villages. Aushadhi is providing free drugs to the unaffording patients of NCDs and for palliative care. Via SPARSH program, AUSHADHI is supporting 63 villages with over 120 patients provided treatment on a monthly basis.

PSMC ALUMNI ASSOCIATION *Achievements*

Dr. Rakesh Joshi, professor and Head, Department of Pediatric Surgery, BJMC and Civil hospital, Ahmedabad was invited as guest faculty at prestigious WOFAPS2019 held at Doha from 30th October to 3rd November. He delivered two talks and judged two sessions.



Dr Amiruddin Kadri, alumnus of PSMC, released IAPSM's text book on Community Medicine as Editor-in-Chief . He is the Secretary General of Indian Association of Preventive and Social Medicine and Professor in the Community Medicine department at BJ Medical College, Ahmedabad. The book was released at an inaguaratuon function of 46th National Conference of IAPSM at Shimla on 8th March .

Dr. Kintur Sanghvi of Batch 1990 is currently an Associate Medical Director of Interventional Cardiology and Endovascular Medicine. Director of Cleveland Clinic Program, and Professor of Medicine at Philadelphia College of Osteopathic Medicine. He treated a 100 year old woman for congestive heart failure and severe Aortic valve Stenosis with Transcatheter Aortic Valve Replacement (TAVR). Dr Kintur says, 'I have done 300 such valve replacement . But I don't know if I will get opportunity to take care of 100 year old heart again. That's why I could not resist but share. She is an amazing woman and the family has invited me to her 101 birthday party next month.'



Dr Nitish Vora, of Batch of 1992, is a Senior Consultant, Paediatric Neurologist & Epileptologist at Ahmedabad. He won Best Academic Poster at ICNC - International Child Neurology Congress in 2018.



Dr. Vasant Patel of Batch 1987 played a pivotal and a selfless role in bringing the domicile rule in Gujarat for taking admission into the MBBS course. He was felicitated by Shri Nitin Patel, Deputy Chief Minister of Gujarat state for his untiring efforts.



Dr. Abhishek Dudhatra, alumnus 2002 batch has done his MD medicine and DNB CLINICAL HEMATOLOGY. He had cleared his Dnb hematology in session December 2014, for which he was awarded a gold medal in 2018 convocation.



On the 29th of July 2019, on the occasion of Founder's Day celebrations, three of our Alumni were felicitated. Dr. Dimple Mehta, Dean, CU Shah Medical College and Dr. Suman Singh, Assistant Dean - Academic Excellence and Accreditation, PSMC, both of Batch of 1988 and Dr. Rashmikanth Dave, Chairman of DNB Examination, of Batch of 1992 were felicitated.



CHARUTAR AROGYA MANDAL

Bhaikaka University

Charutar Arogya Mandal, a not-for-profit Trust, established in 1972, is an outcome of a dream cherished by Late Dr H. M. Patel, a former Union Finance and Home Minister. He went about building an institution which he envisioned would fulfill a long felt need for a faculty of Medicine at the University.

The 100 acre green campus at Karamsad now includes a medical college, a 900 bed hospital, an institute of post graduate studies, a college of nursing, college of physiotherapy, an institute of medical technology, a cardiac and a cancer centre.

In 48th year of its inception, CAM has sponsored a Private University, under the name of Bhaikaka University duly notified by the Government of Gujarat . The University has started its operations from 1st October 2019 with Dr Utpala Kharod and Dr Harish Desai as its first Provost and Registrar respectively.

In addition to its existing educational programmes, the newly established University would initiate academic programmes in niche areas of health care specialties to provide job oriented courses in a changing health care environment. The status of the University will help the centre create a unique identify as an academic medical centre of excellence. It will also open up possibilities for educational and research collaboration with other universities and industry within and outside India.

Bhaikaka University Provost

PAA conveys heartfelt congratulations to Dr Utpala Kharod for her appointment as provost of Bhaikaka University. Dr Utpala Kharod gave her services as Dean at Pramukhswami Medical college from 2008 to 2018. She has given tremendous support to PAA during its establishment and growth. We highly appreciate her efforts for PAA.

PAA conveys her best wishes for upcoming new responsibilities as provost of Bhaikaka University.



'The Healing Tree', Gujarat's Newest Premium Healthcare Facility

Shree Krishna Hospital, Karamsad has created a new dimension to premium healthcare facilities in Gujarat with the launch of 'The Healing Tree' on Monday, July 29, the foundation day of Charutar Arogya Mandal. The distinguishing feature is the pursuit of 11 ethical processes across all level that ensures that a person's health comes first . The doctor's focus on patients and not on profit.

It was inaugurated by chief guest , Mrs.Darshnaben Patel, President, Karamsad Nagar Palika. According to the Chairman Shri Atul Patel The Healing Tree is more than a hospital . It is how we believe medicine should be practice ethically, humanly and holistically



The range and quality of services and care at the The Healing Tree sets it apart from others with the team of the finest medical minds in the State.

Personalized out patient services , luxurious rooms overlooking green 100 acre campus for Inpatients , accredited diagnostics and treatment to routine to complex conditions and healthcare programs like Hello Health provide the best possible healthcare to the patient . In addition, there are home healthcare facilities for providing services like physiotherapy, nursing care, mobile lab collection etc, assisted living and loyalty program for personalized care and priority in every aspect of treatment .

UDAAN

Udaan is the Literature Committee of Pramukhswami Medical College, that started as a wall magazine in 2010. It is now an active committee that organizes book reviews and is an avid showcaser of the talent that PSMC harbours.

चलो ना चलते हैं फिर

चलो ना चलते हैं फिर से उस बचपन में
जहां दिन और रात का पता ही नहीं चलता था

चलो ना चलते हैं फिर से उन गलियों में
जहां हम गिल्ली डंडा छोर पुलिस खेला करते थे

चलो ना चलते हैं फिर से उस स्कूल में
जहां हम किताबों में काम और बैच पर ज़्यादा लिखते थे

चलो ना चलते हैं फिर से उस तालाब के पास
जहां हम बरसात में कागज़ की नाव बना कर छोड़ा करते थे

चलो ना चढ़ते हैं फिर से उस पेड़ की डाल पर
जहां से गिर कर ही हम फिर से उठ कर चलना सीखे थे

चलो ना चलते हैं फिर से उस माँ की गोद में
जहां दुनिया में रहते ही जन्नत का सुकून मिल जाता है

Alefiya Vasanwala
Batch 2016

Death and Hope

A car crash.
Dwindling breath.
Shattered dreams!
A shattered family!

Tears in the lobby of the hospital,
Despair for his family.
He always wanted to save lives,
The final chance now in their hands.

The miracle and cruelty of life,
Unveiling in the hospital aisles.
Tears again in the lobby of the
hospital,
This time accompanied with smiles.

His kidneys, liver and eyes,
His heart and his pancreas.
Beacons of hope.

Despair of death.
A hope for 5 lives

Dr Aditya Parikh
Batch 2011



Nature and it's Glory,
Captured by Ronak Nayak, Batch 2017